



# Pregnant, breastfeeding or planning a pregnancy?

The COVID-19 vaccine is safe, effective and highly recommended to protect you from COVID-19.

**Learn more at [Ontario.ca/covidvaccinepregnancy](https://Ontario.ca/covidvaccinepregnancy)**

**Questions?** Call the Provincial Vaccine Contact Centre to speak to an experienced agent or health specialist at **1-833-943-3900** (TTY: 1-866-797-0007).